

## Overview of Integrative Medicine

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**ACPE Activity Number:** 0204-9999-16-409-L01-P

**Activity Date:** 10/11/2016

**Activity Time:** 12:00 p.m. - 1:00 p.m. ET

**Activity Type:** *Knowledge-based*

**CE Credits:** *1.0 hour (0.1 CEU) CPE*

**Activity Fee:** *Subscription-based service*

## Accreditation for Pharmacists

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The American Society of Health-System Pharmacists and UNC Eshelman School of Pharmacy are accredited by the Accreditation Council for Pharmacy Education as providers of continuing pharmacy education.

## Target Audience

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This continuing pharmacy education activity is designed for pharmacists.

## Activity Overview

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The 2012 National Health Information Survey found that 33.2% of U.S. adults used complementary health approaches in the previous 12 months with the most common approach being natural products at 17.7% of those surveyed. An earlier survey showed Americans spend nearly \$34 billion a year on complementary health which accounts for approximately 1.5% of total health care expenditures in the United States. Of this total, \$14.8 billion is spent on nonvitamin, nonmineral natural products. Sharing of information on best practices for integrative health is crucial as there is growing evidence on its safe and effective use for patients. Likewise, there is a risk of drug-herb interactions if they are not used appropriately. Pharmacists have an opportunity to contribute to the care of patients by learning about integrative health approaches to care where conventional or Western medicine is bridged with complementary health approaches.

This activity will describe the history of integrative medicine and integrative medicine in the United States, discuss whole medical systems and types of modalities of integrative medicine, and review resources for integrative medicine practice. The role pharmacists can play in integrative medicine practice will also be described.

## Learning Objectives

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After participating in this CPE activity, participants should be able to:

- Briefly describe the history of integrative medicine.
- Discuss integrative medicine in the United States.
- Discuss whole medical systems and types of modalities of integrative medicine.

## Activity Announcement

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- Discuss resources for integrative medicine practice.
- Describe the role pharmacists can play in integrative medicine practice.

### Faculty Information

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Amanda H. Corbett, Pharm.D., BCPS, FCCP  
Clinical Associate Professor, The University of North Carolina  
Eshelman School of Pharmacy and School of Medicine  
Global Pharmacology Coordinator, The University of North Carolina  
Institute for Global Health and Infectious Diseases  
Chapel Hill, North Carolina

Amanda H. Corbett, Pharm.D., BCPS, FCCP, is Clinical Associate Professor at the UNC Eshelman Schools of Pharmacy and Medicine and the Global Pharmacology Coordinator for the UNC Institute of Global Health and Infectious Diseases, a Clinical Associate for the UNC Center for AIDS Research, and a pharmacologist for the AIDS Clinical Trials Group. She is a board certified pharmacotherapy specialist and is a fellow of the American College of Clinical Pharmacy.

Dr. Corbett received a B.S. in chemistry at UNC-Chapel Hill in 1994 and her doctor of pharmacy from Campbell University in 1999. She completed pharmacy practice residency training at Wake Forest University Baptist Medical Center before completing an Infectious Diseases specialty residency at UNC-Hospitals and an HIV pharmacology fellowship at UNC-Eshelman School of Pharmacy under the mentorship of Angela Kashuba, Pharm.D. During her fellowship she received the American College of Clinical Pharmacy Infectious Diseases Fellowship Award for global translational research and the Infectious Diseases Society of America Travel Award.

Dr. Corbett joined the faculty at the UNC Eshelman School of Pharmacy in 2003 where she leads translational research efforts in antiviral use and treatment of opportunistic infections in resource poor countries. Her research efforts have been recognized by awards from the American College of Clinical Pharmacy Infectious Diseases Investigator Development Research Award and the UNC Center for AIDS Research Developmental Award, the UNC Research Council Junior Development Award and Research Grant and the UNC Eshelman School of Pharmacy SEED Grant. She received the Pam Herriott award both in 2007 and 2012 from the UNC Center for AIDS Research for her outstanding collaborative clinical and research efforts both domestic and global.

Dr. Corbett's responsibilities include teaching (didactic and precepting) clinical practice (UNC ID clinic), and clinical research (Pharmacology of antivirals in developing countries). More recently Dr. Corbett has pioneered Integrative Medicine at the pharmacy school where she developed an elective in 2010 focusing on teaching pharmacy students the perspective of combining Western and traditional medicine in caring for patients in a holistic way. In addition, she is pursuing intensive training in herbal medicine, mind-body practices, and integrative medicine and is a registered yoga teacher and Reiki master.

### Disclosures

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## Activity Announcement

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**Faculty, planner, ASHP Staff and consultants report no relevant financial relationships pertinent to this activity.**

### Methods and CE Requirements

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This activity consists of a 1-hour webinar.

Participants must participate in the entire activity and complete the online evaluation to earn continuing pharmacy education credit.

Follow the prompts to claim credit immediately or within 60 days after the activity.

### System Technical Requirements

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Courses and learning activities are delivered via your Web browser and Acrobat PDF. Users should have a basic comfort level using a computer and navigating web sites.

View the [minimum technical and system requirements](#) for learning activities.